ORTHOPEDIC SUPPORTS
London Healthcare Ltd
“When Performance is the key”
<table>
<thead>
<tr>
<th><strong>Uni-Grip Abdominal Support</strong></th>
<th><strong>Uni-Grip Lumbar/Abdominal Support</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Designated to Support the abdominal region. It is recommended for the relief of lower back pain &amp; also for the support of the abdomen, may be used post operatively as a binder for surgical dressings or for the effective support for reducible abdominal hernia.</td>
<td>Uni-Grip Lumbar/Abdominal Support is used as an abdominal binder and to hold dressings in place after surgery. It may also be worn as a post-natal support. It has a wide closure strip to allow for easy adjustment.</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Uni-Grip Lumbar Sacral Support</strong></th>
<th><strong>Elasticated Tubular Support Bandage</strong></th>
</tr>
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<tbody>
<tr>
<td>Uni-Grip Lumbar/Sacral Support is designed with anatomically contoured posterior says for firm support and to restrict movement. Soft foam padding comfortability while the extra straps ensure proper compression around the lower back. Uni-Grip Lumbar/Sacral Support is designed for medium support of the lower back region post operatively, post trauma or certain defined conditions which produce postural deformities or lower back pain. Uni-Grip Lumbar/Sacral Support is ideal for lumbar disc syndrome, sprains</td>
<td>Comfortable, Effective Support Bandage for Sprains, Strains and Weak Joints. Always apply Uni-Grip as a Double layer with 3cm overlap. Consult a health specialist if the pain persists or to obtain more information regarding the use of this product. 1 metre Rolls</td>
</tr>
</tbody>
</table>
and muscled spasms for the lower back region.

<table>
<thead>
<tr>
<th>Uni-Spot Elasticated Supports</th>
<th>Uni-Spot Tennis Elbow Brace</th>
</tr>
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<tbody>
<tr>
<td>For treatment and prevention of injuries, Elasticated Support range is made from high quality tubular knitted material which provides firm, effective treatments-support to injured and weakened joints and muscles</td>
<td>Adjustable Support for treatment and prevention of injuries. Uni-Spot Tennis Elbow Brace is specially designed to provide a therapeutic warming effect on the injury site. Uni-Spot Tennis Elbow Brace is recommended for conditions like “Tennis Elbow”, tired and weak elbow. Uni-spot Tennis Elbow brace is ideal for day-to-day use and for sports activities.</td>
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</tbody>
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<tr>
<th>Uni-Spot Anti-Embolism Stockings</th>
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<tbody>
<tr>
<td>Preventive treatment of pre-operative embolism. Particularly suitable for patients subjected to post-traumatic treatments and in case of hydrostatic oedemas, contusions and sprains. Compression value: mm Hg 18 -24 at ankle level, progressively decreasing towards the calf and thigh, restores compression lacking to the venous system (venous pump). Helps to re-establish blood circulation rate to normal level in the femoral veins. The Product comes in both knee &amp; thigh length and sizes small, medium, large &amp; X large. Each model has a different coloured top, which allows easier identification of the model suitable for the various requirements. In particular, Uni-Spot Anti-embolism Stockings has certain high features. How to choose the ideal type of stocking; you are advised to measure the girth of the patient’s leg at ankle and calf. Then compare the measurements obtained with those in the ‘size’ table. Choosing the stocking size indicated. Whenever there is the need for a stocking with greater compression (with respect to the indicated value), choose a smaller size stocking. Being smaller it will exert greater containment, increasing compression on the leg. When a stocking with less compression</td>
</tr>
</tbody>
</table>
is required, adopt the reverse procedure.

Available in Knee Highs & Pantyhose from SM to XXL
<table>
<thead>
<tr>
<th>CODE</th>
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<th>BENEFITS/KEY FEATURES</th>
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</table>
| TMP09037EN   | Sport Adjustable Ankle Support  | - Provides strength and support for stiff, weak or injured ankles. Also helps provide protection from further injury.   
|              |                                |   • Adjustable strap for customized fit and support  
|              |                                |   • Durable neoprene-blend material for strong support, soothing warmth and comfort  
|              |                                |   • Heel loop for easy application  
|              |                                |   • Wraparound style is easy to put on and take off  
|              |                                |   • Use on right or left ankle  
|              |                                | Available in the following sizes: Adjusted 7.0 - 11.0 in                                                                                                                  | ![Picture](image) |
| TMP01037EN   | Precision Fit Ankle Support     | - Provides compression and support for stiff, weak or injured ankles. It also helps provide protection from further injury.  
|              |                                |   • Low profile, contoured shape is designed for optimal comfort and support  
|              |                                |   • Odor resistant  
|              |                                |   • Flexible comfort strap adjusts for a personalized fit and support  
|              |                                |   • Easy to put on and take off  
|              |                                |   • Provides enhanced breathability compared to neoprene  
|              |                                |   • Fits easily and comfortably inside your shoe  
|              |                                |   • Enhanced heel strap for added comfort  
<p>|              |                                | Available in the following sizes: Adjusted 7.5 - 11.0 in                                                                                                                | <img src="image" alt="Picture" /> |</p>
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<tr>
<td>TMP71017FCBEN</td>
<td>Energizing Ultra Sheer Pantyhose for Women</td>
<td>Stylish lace panty, enhanced with run guard for maximum durability</td>
<td></td>
</tr>
<tr>
<td>TMP71018FCBEN</td>
<td>Colour – Nude, Black</td>
<td>• Ideal for being on your feet or sitting in one place all day, traveling or doing active office work</td>
<td></td>
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<tr>
<td>TMP71019FCBEN</td>
<td></td>
<td>• Silky-soft material has a reinforced toe enhanced with durable run guard, so you'll look great even after repeated wearings</td>
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<tr>
<td></td>
<td></td>
<td>• Graduated compression improves circulation with maximum compression at the ankle that gradually decreases up the leg to provide an energizing feeling</td>
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<td></td>
<td></td>
<td>• Massage-in-motion massages tired, achy legs as you move</td>
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<td></td>
<td></td>
<td>• Vein therapy helps relieve mild symptoms of superficial spider veins and early varicose veins</td>
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<td></td>
<td></td>
<td>• Great for business casual and weekend wear</td>
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<td>Available in the following sizes: Small, Medium, Large, Plus</td>
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<tr>
<td>TMP71016FCNEN</td>
<td>Energizing Ultra Sheer Knee Highs for Women</td>
<td>Designed to soothe symptoms of mild varicose veins, swelling and tired, aching legs.</td>
<td></td>
</tr>
<tr>
<td>TMP71017FCNEN</td>
<td>Colour – Nude, Black</td>
<td>• Graduated compression improves circulation with maximum compression at the ankle that gradually decreases up the leg to provide an energizing feeling</td>
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<tr>
<td>TMP71018FCNEN</td>
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<td>• Massages tired, achy legs as you move</td>
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<td>TMP71019FCNEN</td>
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<td>• Ideal for being on your feet or sitting in one place all day, traveling, or active office work</td>
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<td></td>
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<td>• Comfort band won't bind and keeps knee highs from rolling down</td>
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<tr>
<td></td>
<td></td>
<td>• Silky-soft material has a reinforced toe and heel enhanced with run guard for durability</td>
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<td></td>
<td></td>
<td>• Great for business casual and weekend wear</td>
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<tr>
<td></td>
<td></td>
<td>Available in the following sizes: Medium, Large</td>
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## CODE
### PRODUCT
### BENEFITS/KEY FEATURES
### PICTURE

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| TMP71038EN | Revitalizing Dress Socks for Men | - Graduated compression hosiery designed to soothe symptoms of mild varicose veins, swelling and tired, aching legs.  
  - Provide graduated compression that improves circulation  
  - Maximum compression at the ankle gradually decreases up the leg to massage tired, achy legs and provide a revitalizing feeling  
  - Ideal for tired or achy legs, swelling, mild spider and varicose veins  
  - Ideal for traveling, being on your feet or sitting in one place all day, or for active office work  
  - Durable, reinforced heel and toe keeps you looking professional  
  - Comfort band ensures socks stay neat and in place  
  - Great for business casual or weekend wear  
  - Available in the following sizes: Medium, Large |         |
| TMP71039EN | Colour – Black                 |                                                                                                                                                                                                                       |         |

### ELBOW SUPPORT

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| TMP09038EN | Futuro Sport Adjustable Elbow Support | - Provides strength and support for stiff, weak or injured elbows. Also helps provide protection from further injury.  
  - Adjustable compression straps for customized fit and support  
  - Helps provide moderate protection and compression  
  - Durable neoprene-blend material for strong support, soothing warmth and comfort  
  - Wraparound style is easy to put on and take off  
  - Use on right or left elbow |         |
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| TMP48462EN | Night Wrist Sleep Support    | Provides comfortable support and protection during the night for those who suffer from carpal tunnel syndrome; or have injured, arthritic, weak, or post-cast wrists.  
- Moderate, stabilizing relief and protection  
- Moisture-wicking, soft material to keep your wrist comfortable overnight  
- Couples light compression with support from cushioning beads and removable palmar stabilizer  
- Adjustable straps provide customized fit and support  
- Easy sleeve design makes it easy to put on and take off  
- Use on right or left wrist  
Available in the following sizes:  
Adjustable 5.25 - 9.0 in | ![Night Wrist Support](image1.png) |
| TMP09033EN | Sport Adjustable Wrist Support| Provides strength and support for stiff, weak or injured wrists. Also helps provide protection from further injury.  
- Adjustable compression strap for customized fit and support  
- Thumb loop makes wrap around easy to put on and take off  
- Helps relieve weak or sore wrists  
- Durable neoprene-blend materials for strong support, soothing warmth and comfort  
- Wraparound style is easy to put on and take off  
- Use on right or left wrist  
Available in the following sizes:  
Adjustable 4.5 - 9.5 in | ![Sport Adjustable Wrist Support](image2.png) |
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<tr>
<td>TMP45843EN</td>
<td>Deluxe Thumb Stabilizer</td>
<td>Helps stabilize the lower thumb joint, to help relieve pain associated with texting and gaming or arthritis</td>
<td></td>
</tr>
</tbody>
</table>
| TMP45844EN   |                                | - Comfortable thumb sleeve and strap for customizable support  
- Two stays for stability  
- Durable, non-elastic lacing system with hook tab provides easy, one-step application and adjustability  
- Low profile allows for free movement of remaining fingers  
- Soft, breathable, durable materials  
- Easy to put on and take off  
- Use on right or left hand  
Available in the following sizes:  
Small/Medium 5.0 - 6.5 in  
Large/Extra Large 6.5 - 8.0 in |         |

**KNEE SUPPORTS**

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| TMP47550EN   | Sport Adjustable Knee Stabilizer | Provides support to stiff, weak or injured knees. Wear during activities which lead to discomfort.  
- Adjustable straps for customized fit, reflective hook tabs for enhanced visibility  
- Dual stabilizers help provide medial and lateral support  
- Open knee cap design for support  
- Side ventilation for breathability and reduced bunching behind knee  
- Durable neoprene-blend material for strong support, soothing warmth and comfort  
- Wraparound style is easy to put on and take off  
- Use on right or left knee  
Available in the following sizes:  
Adjustable 13.0 - 17.5 in |         |
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</table>
|      | Sport Adjustable Knee Support | Provides strength and support for stiff, weak or injured knees. Also helps provide protection from further injury.  
- Adjustable straps for customized fit and support  
- Open kneecap design for added support  
- Side ventilation for breathability and reduced bunching behind knee  
- Durable neoprene-blend material for strong support, soothing warmth, and comfort  
- Wraparound style is easy to put on and take off  
- Use on right or left knee  
Available in the following sizes:  
Adjustable 13.0 - 17.5 in | ![Futuro Sport Adjustable Knee Support](image) |
<p>|      | Colour – Black | | |</p>
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| TMP46815EN | Stabilizing Back Support | Provides support to a stiff, strained or aching back. Use when support is needed for daily activities or exercise.  
  - Breathable materials for all-day comfort  
  - Support cushion pads helps target sore, aching muscles without placing pressure directly on the spine  
  - Adjustable for customized fit and support  
  - Sleek, non-bulky design will not restrict movement  
  - Back panel evenly distributes moderate support  
  - Helps promotes proper back alignment  
  - Easy to put on and take off  
  Available in the following sizes:  
  Small/Medium 29.0 - 39.0 in  
  Large/Extra Large 39.0 - 50.0 in | ![Picture](image1.png) |
| TMP46816EN | Stabilizing Back Support | Colour – White  
  Provides support to a stiff, strained or aching back. Use when support is needed for daily activities or exercise.  
  - Breathable materials for all-day comfort  
  - Support cushion pads helps target sore, aching muscles without placing pressure directly on the spine  
  - Adjustable for customized fit and support  
  - Sleek, non-bulky design will not restrict movement  
  - Back panel evenly distributes moderate support  
  - Helps promotes proper back alignment  
  - Easy to put on and take off  
  Available in the following sizes:  
  Small/Medium 29.0 - 39.0 in  
  Large/Extra Large 39.0 - 50.0 in | ![Picture](image2.png) |
| TMP46820EN | Adjustable Back Support | Designed to help relieve lumbar region back pain due to muscle fatigue or strains.  
  - Dual pull cord system for quick and easy adjustments  
  - Removable lumbar pads, cushion and support  
  - Side stretch panels help minimize slipping and bunching  
  - Permits full range of movement while providing comfortable support and compression  
  - Soft, breathable materials with durable lacing for all-day wear  
  - Easy to put on and take of  
  Available in the following sizes:  
  Adjustable 29 - 51 in | ![Picture](image3.png) |